

## **Participating Insurance Listing effective 1/1/2019**

Aetna PPO, POS and Indemnity plans-  
Aetna HMO-**referral authorization is required**  
Blue Shield Federal Employee Program-  
Cigna Healthcare PPO, POS and Indemnity plans  
Cigna Healthcare HMO-**referral authorization is required**  
Empire Plan-  
Excellus BlueCross Blue Shield of CNY-  
Fidelis  
GHI/Emblem  
Health Now-  
Lifetime-  
Medicare-  
Medicaid  
Molina Healthcare  
MVP  
Pace-**referral authorization is required**  
PHCS (Multiplan)-  
St. Lawrence Lewis County-  
St. Lawrence Healthcare (Resolve Health plan)-  
Tricare East Region-  
Tricare for Life-  
Tricare Prime-**referral authorization is required**  
UMR-formerly Pomco  
United Healthcare-  
United Healthcare Community Plan (Medicaid product)  
Univera-  
Veterans and Veterans Choice (Health Net)-**referral authorization is required**

### **Medicare Advantage Plans**

**(Please note these plans take the place of Federal Medicare)**

Aetna Medicare PPO  
Aetna Medicare HMO-**referral authorization is required**  
Cigna Medicare Access-  
Fidelis Medicare Advantage Plan-  
Humana Medicare-  
Medicare Blue PPO-an Excellus product,  
MSA Processing Center-thru Health Now  
MVP Gold-  
United Healthcare Medicare Community Plan-  
United Healthcare Medicare Solutions-  
**Wellcare Today's Options PPO and PFFS only- effective 1/1/2019**