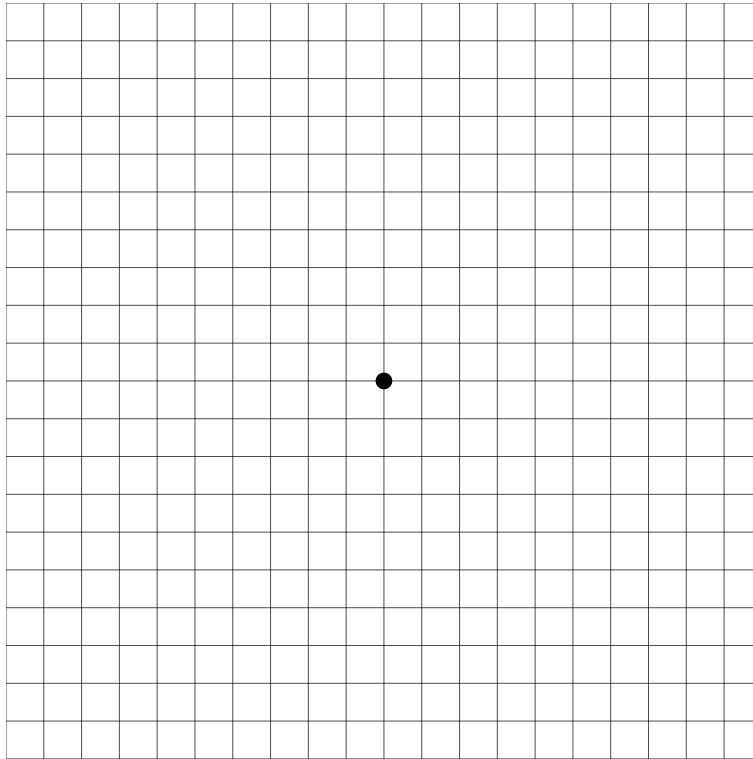




1. Wear your reading glasses or bifocals, if you use them.
2. Hold this grid about 14 inches away, in good light.
3. Cover one eye. Look straight at the dot in the center and keep looking at it.
4. While looking at the dot, notice whether any lines are wavy, blurry, broken, or missing, or whether any squares look distorted or dark.
5. Repeat with the other eye. Check every day, and always check each eye separately.



Printed at 100% scale, each small square measures 5 mm (about 3/16 inch) and the whole grid measures 10 cm across.

Call us right away if anything looks different from the last time you checked: **(315) 445-8166**